

Miss Lucy's Inconstancy.  
Miss Lucy say she love him—  
Dat what she say one day;  
De next, de sun ain't shinin',—  
Den, what Miss Lucy say?  
"Go 'long I tell you—  
Sun don't shine yo' way;  
I pledge my han'—  
Ter a nice young man"—  
Dat what Miss Lucy say!

De young man say: "Good evein'—  
I ain't got long ter stay."  
Miss Lucy cry ter say goodby,  
Den, what Miss Lucy say?

"Come back, I tell you,  
I loves you night en day!  
Dat nice young man  
Can't git my han'—  
Dat what Miss Lucy say!

#### Proverbs and Phrases.

It is wrong to sorrow without ceasing.—Homer.

Do not make unjust gains; they are equal to a loss.—Hesiod.

It is proper to leave modesty rather than gold to children.—Plato.

How foolish is the toil of trifling cares.—Martial.

A man who wants bread is ready for anything.—French.

Sincerity means sine-cera-ty—with wax.

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#### A Little Song.

Little less of sorrow,  
Little less of sighs,  
Little less of human tears  
To fall from human eyes.

Little less of darkness  
In the heavens above;  
Little less of hatred,  
Little more of love.

Little less of doubting;  
(Rainbows arch the sod!)  
Little more of faith in man—  
Little more in God.

And, for all that's given,  
Just to try to make  
Earth a little heaven  
For the other heaven's sake!

#### Spread of the Consolidated.

"What building is that in the swamp?" asked the capitalist.  
"That's the great consolidated grist mill," replied the real estate agent.

"And that shiny affair by the railroad track?"  
"That, sir," said the agent, "is the monster consolidated water tank."

"Well, well! And how far are we from the town itself?"  
"Sir," said the agent drawing himself up, "we are now in the very center of Greater 'Possum Trot!"

A life in continual need is half death.—German.

#### DOCTOR'S FOOD TALK.

Selection of Food One of the Most Important Acts in Life.

A Mass. doctor says: "Our health and physical and mental happiness are so largely under our personal control that the proper selection of food should be and is one of the most important acts in life."

"On this subject, I may say that I know of no food equal in digestibility and more powerful in point of nutriment than the modern Grape-Nuts, four heaping teaspoons of which is sufficient for the cereal part of a meal, and experience demonstrates that the user is perfectly nourished from one meal to another."

"I am convinced that the extensive and general use of high class foods of this character would increase the term of human life, add to the sum total of happiness and very considerably improve society in general. I am free to mention the food, for I personally know of its value."

Grape-Nuts food can be used by babies in arms or adults. It is ready cooked, can be served instantly, either cold with cream, or with hot water or hot milk poured over. All sorts of puddings and fancy dishes can be made with Grape-Nuts. The food is concentrated and very economical, for four heaping teaspoons are sufficient for the cereal part of a meal. Read the little book, "The Road to Well-being," by Dr. J. C. Ransom.

## Southern Agricultural Topics.

### Modern Methods That Are Helpful to Farmer, Fruit Grower and Stockman.

#### Fertilizers For a Grass Land.

B. H. W., Stevensville, writes: I have a twenty-acre field of rolling land which is rather thin with very little vegetable matter in it. It has been grazed for several years. Some clay galls have of late years appeared. I used 200 pounds of \$2200 a ton guano per acre. It was in corn last year. What fertilizer would you advise? I also have another five acre field of level land that has been pastured twenty years. It has never had any commercial fertilizer or manure. I am plowing it and want to put it in peas. Any suggestions as to fertilizing these two pieces of land will be appreciated.

Answer.—I rather expect the fields you mention are acid and that an application of lime at the rate of one ton per acre would be highly beneficial to them. Then deep plowing and thorough cultivation will, no doubt, help them very much. The fertilizer you used was not a particularly good one and did not supply a very large amount of plant food to the land. In order to improve your land a crop rotation would be very advisable. Bring clover, cowpeas, or some other leguminous crop on the land once in three years and plow it down. Use wheat, corn, potatoes and such other crops as do well in your community, leaving the land in grass for two or three years at a time. By following such a rotation as this and using 200 to 300 pounds of sixteen per cent. of acid phosphate and fifty pounds of muriate of potash per acre on your peas and about half this amount on the corn and wheat, you should be able to improve the quality of your land and increase the yield. Peas draw heavily on the phosphate and sometimes the soil. Our soils as a rule are deficient in phosphate and sometimes in potash as well. Through long cultivation they have frequently become acid, and therefore liming is necessary to correct acidity and improve the mechanical condition as well. Lime also sets free certain forms of plant food. For this reason it should not be used to excess. The application of a ton once in three years is likely to prove beneficial in your case. The legumes you grow will supply nitrogen gathered from the air, and as it costs fifteen cents a pound in the commercial form, you can appreciate the value of these crops for soil building purposes in this State. From the description given I imagine your land is deficient in vegetable matter, and therefore you must put plenty of green manure in the soil because it changes the whole physical nature of the soil, increases its capacity holding water, promotes fermentation, and supplies nitrogen, a very essential element of plant food.—A. M. Soule.

#### Preparing Land For Alfalfa.

M. R. O., Bandana, writes: When is the best time to sow alfalfa this spring? Is it best to get the inoculated seed? The land is very poor and I have no manure for it, but I have lime, muriate of potash and acid phosphate. It was sowed late last summer. Do you not think it would be better to sow cowpeas again after putting the fertilizer on? It is for an experiment in our school garden.

Answer.—I would suggest seeding alfalfa any time from the 1st to the 15th of March in your section of the State. Of course, we might have cold backward weather at that season, and in that case, I would wait a little longer. It is hardly worth while to sow alfalfa until after the ground warms up sufficiently to insure germination and until danger of a late spring frost is past. You know that alfalfa when first started is very tender and so a light freeze might kill it and all your efforts come to naught. It is really not worth while to sow alfalfa until after the ground is very rich and that has not been stirred, particularly if the sub-soil is of a clay nature and very tenacious in character. Under your conditions it would therefore be advisable to seed to cowpeas again this year and plow them under, because even if you get a good stand of alfalfa from seeding this spring, it would not remain on the land long unless it could obtain a plentiful supply of plant food. Alfalfa is one of the finest crops we can grow in Virginia because of its wonderful ability to gather nitrogen, which makes it very rich in protein; therefore, it makes desirable grazing for many kinds of farm stock and a hay of very superior value for feeding; so rich in fact that about 1½ pound of it under some conditions can be fed to livestock in the place of a pound of wheat bran. Now, as we can make alfalfa for from \$3 to \$6 a ton under favorable conditions, you can see what immense advantage it would be to our people to grow this crop. Therefore, you can afford to take no end of pains to secure a stand of it in your school garden, for if you succeed with it, it would

#### Proverbs and Phrases.

Lovers' purses are tied with cobwebs.—Italian.  
He tried the luxury of doing good.—Cranberry.  
Falsehood is cowardice, truth is courage.—Hosea Ballou.  
The mind is like a bow: the stronger for being unbent.—Ben Jonson.  
Do not make unjust gains; they are equal to a loss.—Hesiod.

#### That's So.

"Macaulay was the first author to introduce the automobile into literature."  
"How do you make that out?"  
"He speaks of Lars Persena and his ivory car."—Pittsburg Post.  
He is sufficiently learned that knows how to do well and has power enough to refrain from evil.—Cicero.

be an object lesson to the farmers of your community.

Lime the land at the rate of one ton per acre. Use acid phosphate at the rate of 200 to 300 pounds per acre and muriate of potash at the rate of fifty pounds. The cowpeas plowed under should supply a fair amount of nitrogen, though an application of fifty pounds of nitrate of soda after the crop is well up would be an advantage. It is better to feed alfalfa in the fall in your section of the State rather than in the spring, as the cowpeas will mature so you can turn them under about the first of September. Prepare a good seed bed, seeding to alfalfa about the 15th of September if there is enough moisture in the ground to insure rapid germination. This will give the alfalfa an opportunity to make a good growth before cold weather.—Andrew M. Soule.

#### Capacity of a Silo.

W. W. L., Nashville, Tenn.: How many tons of corn silage will a silo twenty-five feet in diameter and twenty-six feet deep hold, filled slowly and allowed to settle? How do you figure it?

Answer.—A silo of the size mentioned has a capacity of 237 tons. This is arrived at by determining the number of cubic feet in the silo, using the same rule as is used to find the cubic feet in a cylinder. A cubic foot of silage will weigh forty pounds. Thus, by multiplying the number of cubic feet by forty and dividing the result by 2000 one will get the entire number of tons a silo will hold. This means the entire capacity. As a matter of fact, one seldom gets a silo even full. One of that height would settle five feet; if the filling was very slow it might not be more than three. It would be safe to figure on the total height, less three feet. A cubic foot, or forty pounds of silage, is a day's feed for a good sized cow. One can, then, readily tell how many head of cattle can be fed for a given period. I do not consider the diameter—twenty-five feet—a desirable one, unless a large number of cattle are to be fed, for with so large a surface exposed there is more loss from mildew. One twenty-nine feet high and twenty-three feet across would figure out nearly the same capacity, and would cost no more. As a matter of fact a silo thirty feet deep and twenty feet across would really store as much silage as either of the others, because the downward pressure being greater in the deep silo it will settle faster and there will be less waste space at the top when the filling is done.—Edward Van Alstyne.

#### The Best is None Too Good.

The Southern farmer and breeder must learn that to have herds and flocks to compete with his Northern or Western brother he must buy the best to start that herd or flock. The motto of many of the most famous breeders is: "The best is none too good," and it should be the motto of every man who raises an animal of any kind. You cannot get something for nothing; you must give value for value received. There are "bargains," perhaps, but the best bargains are the young animals from some good breeder, at a fair living price. You do not get the best breeding animals because you will not give what they are worth, but possibly a "scrub" with a pedigree. I am pleading for a change in animal breeding of all kinds—horses, cattle, hogs and sheep. There are some good herds and flocks in the South, but they are few and far between. Raise more of them, buy the best you can find to start that herd or flock and in a few years, and very few at that, you will see the result. Let us have more breeders, who are not afraid to give a fair price for good breeding animals and we will then have better stock.—W. H., Fairfax County, Va., in the Progressive Farmer.

#### Change in Cotton Growing.

Flat cultivation of cotton, as introduced by the Arkansas experiment station, is finding favor with the lint growers of that State over the old method of hill tillage, the advantage being in the saving of labor and economy of seed, and, it is declared, a better yield.

Under old practice, says Southwest Magazine, the soil was thrown up in a furrow and the seed sown continuously in a drill. Later the plants were thinned to a single stand by hoeing the entire surface of the cotton row and cutting away nineteen of every twenty stalks.

Flat cultivation consists of thoroughly preparing the seed bed and planting the cotton in checks eighteen to twenty-four inches apart in a drill, to enable cultivation in both directions, a method that will naturally lessen the work of the chopper and save a greater part of the seed.

#### UGLY TWIN SISTERS.

Of all vain and egotistical creatures none equals the girl who thinks that people are always talking or thinking about her. Vanity and self-consciousness are ugly twin sisters. Any girl who is possessed of these ugly sisters, is to be pitied, and should be glad to be well rid of them, as was Cinderella when she triumphed over her less fortunate relatives.

People have plenty of things to discuss and think about besides their friends. A girl who is in a constant state of wretchedness on account of what her friends may be thinking or saying about her is lacking in common sense. No girl on earth is of such absorbing interest to her friends as to be continually food for gossip or reflection.

The girl who is constantly living in the thought that her every action and word is being criticized by her friends or otherwise, spends a miserable existence. And the pitiful part of it is that any young girl of this type can rarely be made to realize her own foolishness, or the misery it causes her. She cannot, it seems, recognize the simple truth that supersensitiveness never has found, and never can find, happiness.

Some girls are so sensitive—and very foolishly so—that if by some ill chance they believe they have given cause for offence they are utterly wretched and go about half crazy, wondering what so-and-so will think. As likely as not the offence is absolutely imaginary, and so-and-so is not giving the slightest attention either to the supposed offence or to the person who is fretting her life over it.

But if the sensitive girl should happen to really offend or make a mistake, let her take her criticism bravely—let her profit by it. If she hears herself adversely criticized she must be truly thankful, and acknowledge that it is dearer to her than the sweetest compliment of a friend. It is only by learning our faults that we can know ourselves, and kill what in us is distasteful to others.—New York Journal.

#### TRESPASSING CATTLE.

There is usually one man in every neighborhood who is especially negligent in the matter of keeping his cattle in proper bounds. Sometimes a stronger word than carelessness is used in describing this neglect. As a rule this particular business of cattle that forages on the country at large is accompanied by the poorest bull in the community, says the Farmer. There are few farmers that have not had a sore experience along this line. The chances are that some of those farmers who happen to read this article can look out of the window and see some of the neighbor's cows tramping down a good stand of clover or tearing up the corn shocks. There is just one way to handle this kind of trouble. The first step is to notify the offender that his estrays are looked upon as a nuisance. If this notice does not bring the right kind of treatment the next thing to do is to put the stock up where they cannot get away and keep them there till their owner calls for them. If even this fails to bring about the desired result the only thing to do is to take advantage of the law.

When it costs a man money to let his cattle stray he is going to find some way to keep them at home. Trespassing cattle are a great nuisance and the stray bull is the pest of the neighborhood. Look up the law and make it a point to correct the trouble. Do not worry about spoiling the friendship of the neighbor. A neighbor is not a good neighbor unless he observes your rights.

He is a very poor type of reformer who, according to the Canadian Magazine, says that all that popular education has done is to make the poor man discontented with his lot. Discontent may be an unpleasant phenomenon to the man who has more than his share of the good things, but in the best sense discontent is divine.

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